



Personalized pain care that gets you moving

Relieve joint and muscle pain with personalized exercise therapy **at no cost to you.**



To learn more and apply, scan the QR code or visit
hinge.health/ctironworkers

Hinge Health está disponible en español

Alivia los dolores articulares y musculares y previene las lesiones con tus beneficios de salud gratuitos.
Únete ahora.

Members and dependents 18+ must be enrolled in the Iron Workers' Locals No. 15 and 424 Extended Benefit Fund medical plan through Anthem to be eligible.

\$0
cost to you

